



Name: \_\_\_\_\_ Age: \_\_\_\_ Cell phone #: \_\_\_\_\_  
(first, middle initial, last)

Email: \_\_\_\_\_ Preferred method of contact: \_\_\_\_\_

Referring Physician: \_\_\_\_\_ Primary Care Physician: \_\_\_\_\_

Name of other physician(s) to whom you want reports sent: \_\_\_\_\_

How did you learn about the Breast Care Center?

My doctor referred me  Referred by a friend  Radio ad  Other: \_\_\_\_\_

Reason for your visit: \_\_\_\_\_

### HEALTH HISTORY

Please list all surgeries you have had and the date of those surgeries: \_\_\_\_\_

**Please complete the following or write "n/a" (not applicable):**

First day of most recent menstrual period: \_\_\_\_\_ Age of first period: \_\_\_\_\_ Age of menopause: \_\_\_\_\_

Total number of pregnancies: \_\_\_\_\_ Total number of births: \_\_\_\_\_ How old were you when you had your first baby? \_\_\_\_\_

Did you breastfeed/how long? \_\_\_\_\_ Have you ever taken hormone replacement therapy? \_\_\_\_\_

**Have you ever been told you have:** (check all that apply):

- |  |  |  |
|--|--|--|
| <input type="checkbox"/> Bleeding tendency           | <input type="checkbox"/> Asthma/emphysema  | <input type="checkbox"/> Any other medical problems: _____ |
| <input type="checkbox"/> Depression/anxiety disorder | <input type="checkbox"/> Hepatitis   | _____  |
| <input type="checkbox"/> Diabetes                    | <input type="checkbox"/> Heart murmur: Do you require                            | _____  |
| <input type="checkbox"/> AIDS/HIV                    | prophylactic antibiotics before dental   | _____  |
| <input type="checkbox"/> Heart attack/angina         | or surgical procedures? <input type="checkbox"/> Yes <input type="checkbox"/> No | _____  |
| <input type="checkbox"/> High blood pressure         |  |  |

### MEDICATIONS

List (or attach list) of all medications (including vitamins, herbal supplements, aspirin and other over-the-counter medications)

### ALLERGIES (please include allergies to medications as well as environmental & the type of reaction you have)

### SOCIAL HISTORY

Do you smoke?  Yes  No Previous smoker?  Yes  No When did you quit? \_\_\_\_\_

Do you consume alcohol?  Yes  No How many drinks? (please circle) 1 2 3 4 5+ per day / week

### FAMILY HISTORY

List any immediate family members who have had breast or ovarian cancer and their age at diagnosis:

Do you have any other relatives with cancer?  Yes  No Please list relationship and type of cancer:

### TESTS

Date of last Mammogram: \_\_\_\_\_ Date and type of Additional Imaging: \_\_\_\_\_

Date of Biopsy: \_\_\_\_\_ Location of Films: \_\_\_\_\_

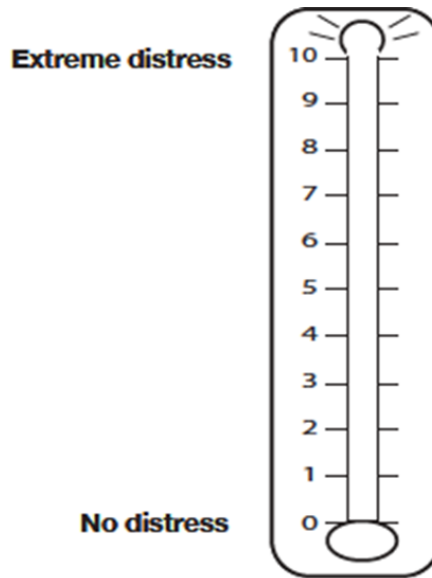
Films Scanned:  Yes  No Films Returned to Patient:  Yes  No

*If you have ever been told that you have breast cancer or would like more information about our services refer to next page. Please note, we request 24 hours cancellation notice for future appointments.*

Distress Screening Questionnaire

If you have recently been told you have cancer, please fill out the following form. A member of our team will be in contact with you if we believe you might benefit from additional services.

**Instructions: First, please circle the number that best describes how much distress you have been experiencing in the past week including**



**Second, please indicate if any of the items to the right has been a problem for you in the past week including today. Be sure to check YES or NO for each.**

**YES NO Practical Problems**

- Child care
- Housing
- Insurance/financial
- Transportation
- Work/school
- Treatment decisions

**Family Problems**

- Dealing with children
- Dealing with partner
- Ability to have children
- Family health issues

**Emotional Problems**

- Depression
- Fears
- Nervousness
- Sadness
- Worry
- Loss of interest in usual activities

**Spiritual/Religious Concerns**

Other Problems: \_\_\_\_\_

**YES NO Physical Problems**

- Appearance
- Bathing/dressing
- Breathing
- Changes in urination
- Constipation
- Diarrhea
- Eating
- Fatigue
- Feeling swollen
- Fevers
- Getting around
- Indigestion
- Memory/Concentration
- Mouth sores
- Nausea
- Nose dry/congested
- Pain
- Sexual
- Skin dry/itchy
- Sleep
- Substance abuse
- Tingling in hands/feet

**Please write your email address here if you would like to be sent our monthly calendar of support programs:**

\_\_\_\_\_